

2026

ISSUE 17



CNR Newf Beginnings



COLONIAL NEWFOUNDLAND RESCUE INC.

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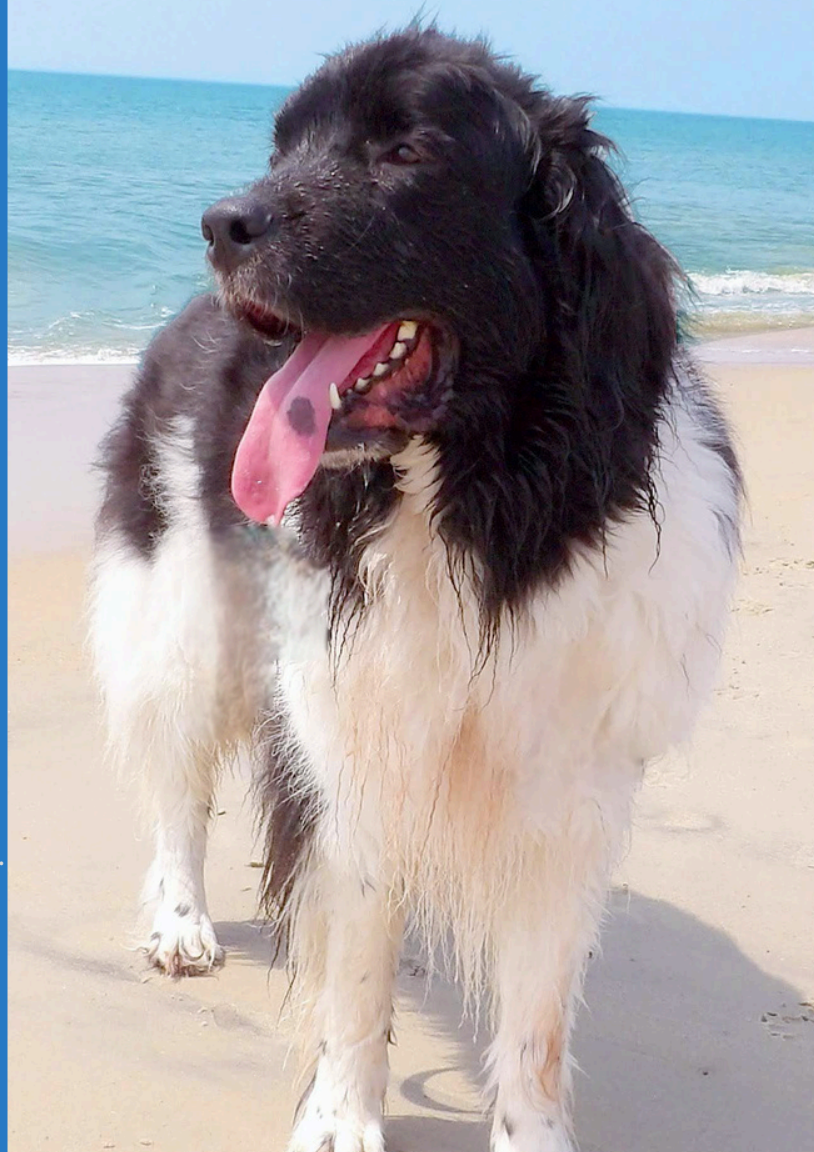
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Newf Beginnings is published at least twice a year and is available to anyone interested in receiving our newsletter.

Please feel free to share it with your friends and anyone who has or who might want to adopt a Newfoundland.



Please Share Your Newf Stories and Pics!

We are always in need of content for our newsletter & social media platforms or photos for clipart! Any articles that you would like to write or photos that you have to share with us, we would appreciate!

If you would like your Colonial adopted Newf featured in our next newsletter please send an article and a photo to newsletter@colonialnewfrescue.org

Letter From The President

It is difficult to believe it is already June. This year has gone by quickly.

Rescue started the year with three dogs from 2025. We have taken in eight dogs this year, with more waiting to enter rescue. Thankfully, rescue has not been too busy so far, as our expenses have increased and donations have decreased.

Obie has been in rescue for almost a year. He was found as a stray in Howard County, Maryland. His skin was in horrible condition, and he had anxiety issues. He was intact, so we had him neutered. He is being treated by a dermatologist and a veterinary behaviorist. His care is expensive, but he is doing so much better. Please consider donating to support his care.



Sadly, many of the dogs we are taking in have behavioral issues, such as resource guarding or problems stemming from a lack of proper training. We hope everyone looking to adopt a Newf understands that we do our best to work with these dogs and prepare them for adoption. We also hope that, if you are interested in adopting, you will be patient and consider adopting from our rescue. We do more than many rescues to help the dogs that come into our care. Your donations help us provide them with the proper care they need.

Despite the cooler weather, we had a great turnout for our Spring 2026 picnic. Watch for information about the Fall 2026 picnic. We are always in need of volunteers to help with fostering and transportation. We also have other volunteer opportunities available, so if there is an area in which you would be interested in helping, please reach out to us.

Thank you, Paul Katinas, Colonial Newfoundland Club President, for asking me to chair Rescue for the NCA Newfoundland Nationals in 2028 in Tennessee. I am honored to take on this responsibility. I have not attended a Newfoundland National since 2014. I took my rescued Newf, Chance, with me, and he marched in the Rescue Parade. As many know, rescue is very important to me. I spend much of my personal time volunteering for our rescue. It is both rewarding and heartbreaking.

Personally, it has been another challenging year. Fred's melanoma returned in his mouth and was removed, but the mitotic index was very high, which means it will most likely spread or return. He also experienced a setback with his mobility, which may involve neurological damage. He is slowly improving. The edema in his knee continues to be an issue, and the surgeon believes his body may be rejecting the plate from the TPLO. Fortunately, he does not have an infection. The plate can be removed, but because of the cancer, I am not sure I want to put him through another surgery. Fred turned 10 in February and received a Living Legend Award from the NCA. We celebrated with a small birthday party attended by some of his Newf friends.

Wags,
Donna, Fred, Emrich (Corgi), Edgar (Pyr mix) and Daisy (Maremma)

For Adoption



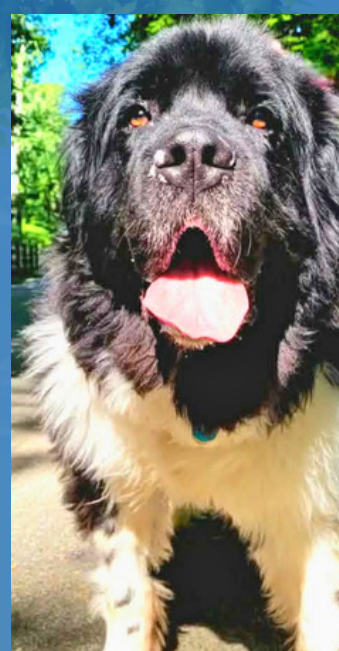
OBIE



GRIZ



MAGGIE



MAVERICK



TEDDY



DAISY



BAILEY

ALL PROCEEDS
SUPPORT OUR
NEWFS IN NEED!

COLONIAL NEWFOUNDLAND RESCUE

2027 CALENDAR CONTEST

THE CONTEST RUNS

JUNE 1 - 30

YOU CAN
MAKE A
DIFFERENCE!

4 WAYS YOU CAN PARTICIPATE!

1 ENTER
A PHOTO
OF YOUR NEWF!



Show off your Newfoundland
and have a chance to be
featured in our
2027 calendar!



Enter your photo
for a chance to
be a STAR!

2 VOTE
FOR PHOTOS!



Votes are \$1 each
(\$10 minimum).
Vote as many times
as you want—every
dollar helps our
Newfs!



Your votes help
us rescue,
rehabilitate &
rehome!

3 PURCHASE
A DATE BLOCK
PHOTO!



Celebrate a birthday,
adoption day, special
memory or loved one
by purchasing a date
block in the
2027 calendar!



A great way to
honor the ones
you love!

4 PURCHASE
THE 2027
CALENDAR!



Enjoy beautiful Newfs
all year long while
supporting
a great cause!



The perfect gift
for any
Newfoundland
lover!

OUR GOAL:
\$20,000

TO HELP COLONIAL NEWFOUNDLAND RESCUE
CONTINUE THEIR EFFORTS TO

RESCUE REHABILITATE REHOME

wonderful Newfoundland dogs.

VISIT & GET INVOLVED TODAY!

www.gogophotocontest.com/colonialnewfrescue

Together, we can make a difference—one vote, one photo, one Newf at a time!



The Alexandria Scottish Walk Parade always takes place the first Saturday of December. It is a super fun event and the crowds really enjoy seeing the dogs!





THE CNR RESCUE STORE HAS LOTS OF NEW ITEMS!



www.colonialnewfrescue.org/shop





OAR Fund

OTIS AID TO RESCUE

The Otis Aid to Rescue (OAR) Fund was established in memory of Otis through the generosity of his humans, Lezli and Bennett, whose love for their Newfoundland inspired a lasting commitment to helping other Newfoundlands in need. The fund provides financial assistance to owners experiencing temporary hardship so their dogs can continue receiving necessary veterinary care.

Each request for support is reviewed individually, with careful evaluation of the dog's long-term quality of life. In responsible

stewardship of donor contributions, Colonial Newfoundland Rescue works directly with the family's veterinary clinic to ensure funds are used appropriately and effectively. Colonial Newfoundland Rescue is a 501(c)(3) nonprofit organization, and all donations to the OAR Fund are tax-deductible as allowed by law.

Sometimes a family is faced with an unexpected veterinary diagnosis and a treatment plan that comes with significant costs. In these moments, difficult decisions can arise—not because of a lack of love or commitment, but because of financial hardship.

The OAR Fund was established to help keep Newfoundland dogs where they belong: at home with the families who love them.

Rather than responding after a dog has been surrendered, the OAR Fund focuses on prevention. Through financial assistance for qualifying veterinary care, the program helps families navigate temporary hardships and access treatment that may otherwise be out of reach.

Over the years, the OAR Fund has helped families remain together during times of unexpected medical and financial challenges. By providing support when it is needed most, the program reflects one of the most important aspects of rescue: preserving the bond between dogs and the people who care for them.

The OAR Fund is supported through designated donations and charitable giving, with all contributions used exclusively for veterinary assistance.

DONATE ON
www.colonialnewfrescue.org

How to Introduce Your Newfoundland to Water

by Sandee Lovett



It's always exciting when I have the opportunity to introduce a young Newfoundland to the water for the very first time. It's a time of great anticipation, as well as an awesome responsibility, to lay the foundation for a working partnership that I hope will last

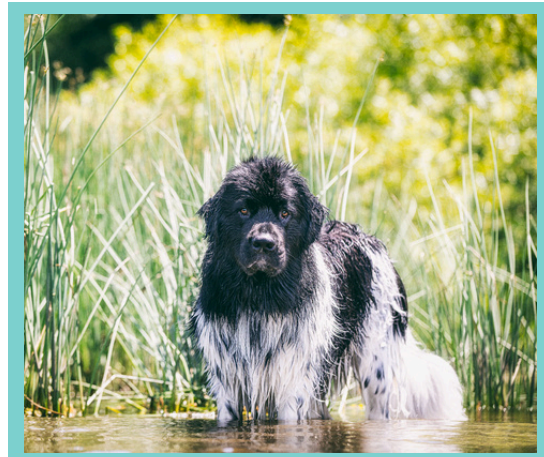
a lifetime. I foresee fun-filled water-test weekends in the puppy's future, made all the more likely by a positive first encounter with the water.

Thus, as a puppy and I begin our aquatic adventure together, my thoughts focus on having fun and developing confidence, which is where the buckle collar and a six-foot nylon lead come in. I believe it is important to train on lead to provide gentle guidance and strengthen the bond of teamwork all along the way.



Because swimming does not stress growing bones and joints as land activities can, water training can begin at an early age. An advantage to early training is that young puppies are often less fearful of the "disappearing lake bottom" when they take their first swimming strokes than older dogs are.

I was once at the pond for a Newfoundland family's first swim. The pups followed their mama like a line of ducklings as she entered the pond, never hesitating for a second when they could no longer touch the bottom. That is, undoubtedly, the best way to introduce a puppy to the water, with the help of its mother, but few of us have that option.





Those of us who live in northern climates only have a short four-month window for water work, so puppies born in the fall or winter are often eight months old (or older) before the water is warm enough for us to take the plunge. As a rule of thumb, it's best to introduce a Newfie to the water during its "puppy summer," however many months old that may be.

Tip: Being willing to go in the water with your puppy is very important. When you do, remember to wear a life jacket and water shoes for safety.

So, let's pretend for a moment that summer has arrived and, with it, the long-awaited day to take your puppy for his first swim.

Come along with puppy and me for our first day of water training as we enthusiastically approach the water's edge, running together on lead, side-by-side. We pause to take in the smells and sights, and sounds of the shoreline as we inch ever so closer to the water, all the while sharing the joys of the day.



I back a short distance into the water and, with the aid of the lead, if necessary, encourage the puppy to come to me in the water. It's important to give lots of praise every step of the way. The goal is to encourage the puppy into chest-deep water where it is still touching the bottom but where it will be swimming if I take one step forward.

Once we reach that depth, we will stay there and not return to shore for the remainder of this first lesson. I try to "read" my puppy's reaction and make sure it is comfortable beside me in the chest-deep water before proceeding with the big, first "swimming step."

With the lead in my right hand and my left hand through the puppy's collar, I give a gentle nudge as I say "swim," and, with the puppy in tow beside me, I walk one step into deeper water. As the puppy's feet leave the bottom for the first time,

I circle it around me to the right and back toward shore, where its feet touch the bottom once again. The puppy will swim only a few strokes, but as soon as it is swimming and perhaps thinking about panicking, it is touching the bottom once again. The puppy gains confidence as it learns that when the bottom drops out from under its feet, it comes back again quickly. Be sure to hold on to the lead and keep the puppy in chest-deep water, and do not allow him to return to shore.



Repeat this exercise about six times, with the puppy swimming only a few strokes each time before touching the bottom once again, with lots of praise in between. Then give the puppy a break to ponder what he has learned. He has bravely stepped beyond wading depth and survived. He should be very proud of himself!

In subsequent training sessions, review what you did in the previous lesson and make sure your dog feels comfortable before progressing to the next step. Some dogs gain confidence more quickly than others. The next step is to gradually increase the distance you ask your dog to swim before turning back toward shore and touching the bottom. As the dog becomes more comfortable swimming with additional strokes, continue to increase the distance you ask him to swim until you can no longer touch the bottom.

It is important for you to touch the bottom so that you can maintain control of the dog. Each time you say “Swim,” give the dog a gentle nudge forward on his collar, so he starts swimming immediately. From the very beginning of training, never permit the dog to hesitate at its drop-off point. This hint will prevent problems later on if you aspire to earn a water title.



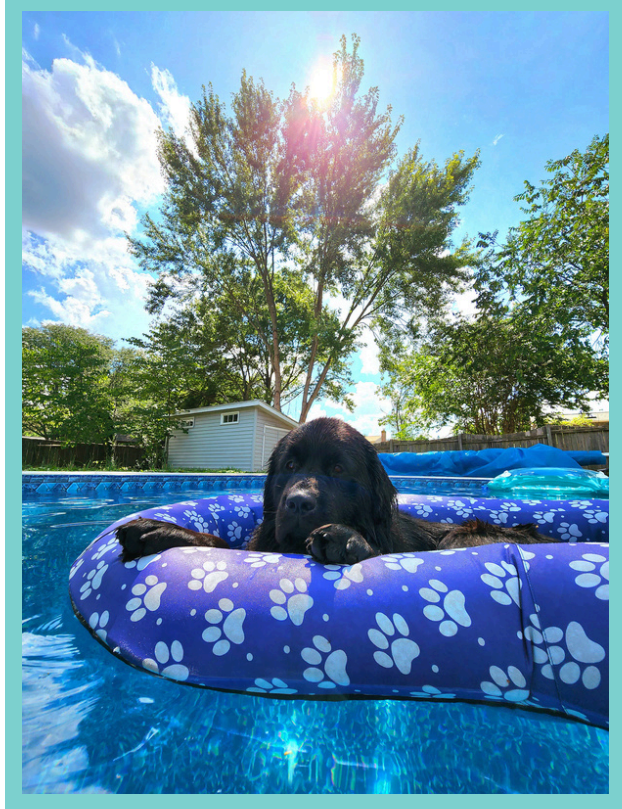
If you have ever attended a water test, you have probably seen one or more dogs fail because they waded into the water, then hesitated at the drop-off point and “messed around” instead of swimming out to complete the exercise. If you never allow a dog to hesitate in practice, chances are it won’t hesitate at a test!

When the dog becomes comfortable swimming short distances, I introduce a short piece of floating line, knotted to facilitate carrying, to our training.

As soon as the dog has swum out and is turning toward shore, I splash the line in the water close in front of him. Even dogs that are not avid retrievers on land will often grab at an enticing line in the water and carry it while swimming. If they don't grab it on their own, you can open their mouths and place it inside, and they will generally continue to hold it as long as they are swimming. This is a great beginning for the "Take-a-Line" exercise.

Another training variation, which can be introduced at an early stage, is having the dog swim to a second person. With you and the dog standing at wading depth, have the second person stand about three feet farther out, splash gently to attract attention, and call the dog's name. When the person begins calling, say "Swim" as you nudge the dog forward toward your assistant. Guide the dog to make sure he goes directly to the person without hesitation.

As the dog approaches, the assistant will say "Around" and guide the dog around him and back toward shore.



When the dog shows proficiency at a short distance, you can gradually extend the distance the dog goes out to another person. Next, you can add the short line for the dog to carry as it goes to the person, but when you do, be sure to begin at a short distance once again. I recommend never introducing more than one slight change at a time.

Happy Swimming!

Henway Hard Cider in Bluemont VA invited the Newfs for a Meet-Up this past March.





HOW YOU CAN HELP CNR

- Foster a Newf
- Volunteer (transport, home checks, etc.)
- Donate for medical expenses at colonialnewfrescue.org/donate
- Make a monetary donation or set up monthly donations at colonialnewfrescue.org/donate
- Donate to our rescue from our Chewy Wish List: https://www.chewy.com/g/colonial-newfoundland-rescue-inc_b65808874 or from our Amazon Wish List https://www.amazon.com/hz/wishlist/ls/IXOIZWSF94NS/ref=hz_ls_biz_ex?pldnSite=1

The 2026 CNC/CNR Spring Picnic was held at the end of March at Sunshine Ridge Farm Winery in Gainesville VA. It was a bit chilly for the humans but not the dogs! We had over 60 people join us, thank you to all who came out!







These Companies Help CNR



Don't Forget to Follow Us
on Social Media!



Colonial
Newfoundland Rescue
[@colonialnewf](https://www.facebook.com/colonialnewf)



Instagram
[@colonialnewf](https://www.instagram.com/colonialnewf)

SIGN UP AND
CHOOSE CNR!

[CHEWY.COM/RP/5073](https://www.chewy.com/rp/5073)

chewy.com

THEY WILL DONATE
\$20 TO US FOR
YOUR FIRST
PURCHASE.



MAX & NEO

DONATES ITEMS AT
LEAST 2X PER YEAR TO OUR RESCUE.

THEY SELL ALL SORTS OF DOG
SUPPLIES. FOR EVERY PRODUCT
SOMEONE PURCHASE THEY DONATE
ONE TO A RESCUE ORGANIZATION.



NEWFOUNDLAND



COFFEE CO.

NEWFOUNDLAND
COFFEE COMPANY

ORDERS ARE
DONATED TO

NEWFOUNDLAND DOG RESCUES
IN NEED.



Due to the rescheduled date there were a smaller group of Newfs at the Spring meet-up at Gadino Cellars in Washington VA but it was still a fun afternoon!



**THE GADINO OCTOBER HALLOWEEN
MEET UP DATE WILL BE COMING SOON!**

IN LOVING *Memory* OF

Just this side of heaven is a place called Rainbow Bridge. When an animal dies that has been especially close to someone here, that pet goes to Rainbow Bridge. There are meadows and hills for all of our special friends so they can run and play together. There is plenty of food, water and sunshine, and our friends are warm and comfortable.

All the animals who had been ill and old are restored to health and vigor. Those who were hurt or maimed are made whole and strong again, just as we remember them in our dreams of days and times gone by. The animals are happy and content, except for one small thing; they each miss someone very special to them, who had to be left behind.

They all run and play together, but the day comes when one suddenly stops and looks into the distance. His bright eyes are intent. His eager body quivers. Suddenly he begins to run from the group, flying over the green grass, his legs carrying him faster and faster.

You have been spotted, and when you and your special friend finally meet, you cling together in joyous reunion, never to be parted again. The happy kisses rain upon your face; your hands again caress the beloved head, and you look once more into the trusting eyes of your pet, so long gone from your life but never absent from your heart.

Then you cross Rainbow Bridge together....
Author unknown...

If you rescued a dog from CNR be sure to notify us so we can share the memory of your Newf. info@colonialnewfrescue.org

DELILAH



FINBARR



GARRETT



FIONA



ZEUS



**SHELBY & CHEWY
(AKA DOG)**



MUFFIN



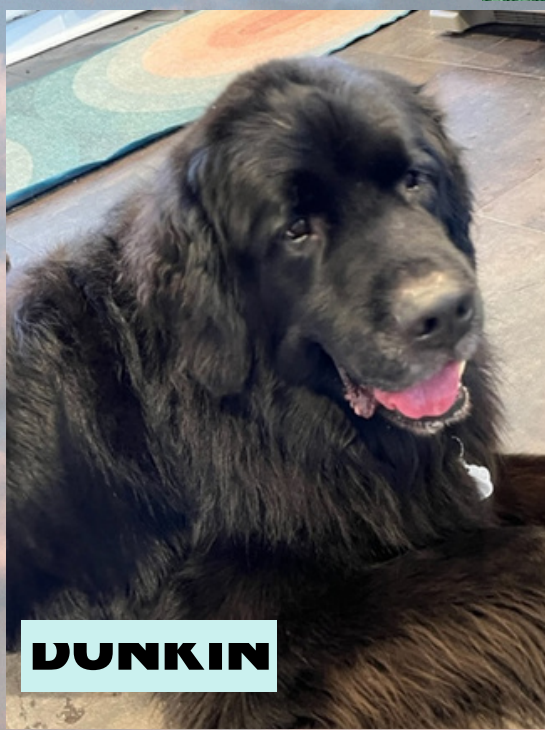
BANKS



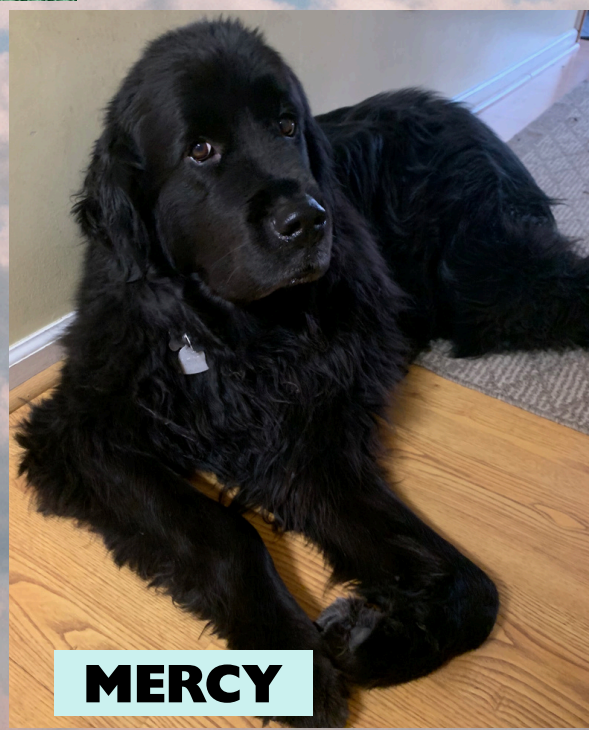
LILY



DUNKIN



MERCY



DONATIONS

From November 2025 to May 2026

Thank you for your monetary donations to our rescue. Please remember that you can contribute monthly via our website. If a tax receipt is needed for items donated please let us know.

DONATIONS MADE IN MEMORY/HONOR OF:

Sarah Collings - For Fred's 10th Birthday

Patricia Driscoll - In Memory of Kodi and Maisie and in Honor of River.

Alex Early - For Fred's 10th Birthday

Anne & Jim Hagy - In memoriam of Bear and Minds Million Dollar Baby "Katie" and thank you to Dwight & Chris Gorsuch. Donation from the Bruce & Judy Holmes Advised Fund.

Naomi Hutchinson - In Memory of Mona

Margaret Marcus - For Fred's 10th Birthday

Charles McL Hadley III - In memory of Clipper

Robert Patrick - For Obie

Dave Rothschild - For Fred's 10th Birthday

Mandy Walters - For Fred's 10th Birthday

Katie Wise - In memory of Cubby, and in honor of Apple's new job as a first responder therapy dog!

GENERAL DONATIONS:

Elizabeth Altmann

Anna Binetti

Robert & Susan Guillotte

Morgan Hill

Merritt Hooper

Jefferson Hudson

David Jones

Donna Kolbusz

Kathleen Larmett

Dawn Lewis

Juli Paladino

Jess Regan

John Sheppard

Beth Smith

Mary Lou Teumer

Stephen Thomas

Charles Walsh

MONTHLY DONATIONS:

Heather Adams

Lucie Albert

Kathaleen Berezny

Beth Boring

Theresa Chiotos

Sarah Collings

Alex Early

Naomi Hutchinson

Meredith Lynes

Brad Marcus

Janet Phares

Fran Tancreti

**Ruth Hieneman - Thank
you for the donations
from Chewy.**

**Colleen Sandler - Thank
you for the donations
from Amazon.**



DONATIONS FOR OBIE

CNR HAS AN ONGOING FUNDRAISER ONLINE FOR OBIE. Since August 2025, Obie has been on a journey... one filled with healing, patience, and so much hope.

He came to us as a stray, with no history and so many unanswered questions. Obie deserves the very best future. And that's exactly what we are working toward every single day.

When Obie arrived, he needed significant medical and behavioral support. He came in with serious skin and ear issues, was intact (now neutered), and was clearly struggling to feel comfortable in his own body. He is currently under the care of a veterinary dermatologist and on a prescription food trial to determine if food allergies are contributing to his skin conditions. He has also been working closely with a veterinary behaviorist to build confidence, reduce anxiety, and learn how to trust again.

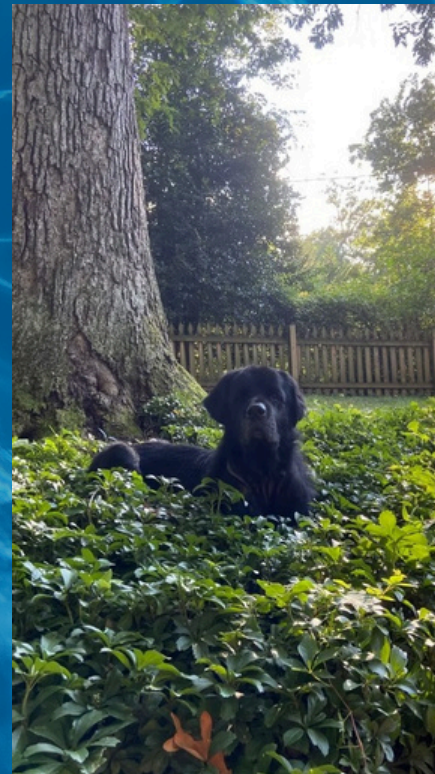
Obie's care has been extensive — and ongoing. From medical treatments to behavioral support, the costs have added up quickly, and we have already spent well beyond what most realize to give him this chance at a better life. Right now, donations are at an all-time low, and we truly need your help. He has come such a long way, and we want to continue to give him the best until his forever family finds him. Obie is showing us he wants this. We owe it to him to show him we are all in! Help us help Obie. Please go to www.colonialnewfrescue.com to donate.



CURRENT DONORS:

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Laura Barrientos
Lauren Barz
Pam Benson
Michelle Blumhagen
Gary Chuck
Jessica Crowder
Kim Fiske
Sandy Gabel
Jon Gainer
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**Katharine Kuharic
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Diane Weber**



Happy 4th of July!

250TH

ANNIVERSARY

OF AMERICA

United in Freedom. Bound by Love.

♥ CELEBRATING TOGETHER WITH OUR ♥
NEW FRIENDS!

Land of the
FREE ♥
Because of the
BRAVE

★ PROUD ★
TO BE AN
AMERICAN!
★ ♥ ★

HAPPY
4TH!

250
★ YEARS OF
FREEDOM!

RED, WHITE
& NEWF!

